



2026

GOLDEN AGE

CULTURAL PROGRAMMES

IT'S NEVER TOO LATE FOR ADVENTURE



COURSE OVERVIEW

This course gives you the opportunity to combine the experience of learning English in an authentic and relaxed environment as well as participate in a varied cultural and social programme in Malta which combines Maltese history and culture with leisure. This course is suitable for mature age students of any level of English.

COURSE PACKAGE

- 20 lessons per week of group tuition.
- 13 night accommodation with a host family in single room on half-board basis.
- Social and cultural activities.
- Airport transfers.
- Full assistance throughout the stay.
- Welcome & farewell party with traditional and typical Maltese food.
- End of course certificate.

COURSE SUMMARY

- **Minimum age:** Suitable for mature age students
- **Minimum level:** Beginner (A1)
- **Start dates:** Please refer to our website for dates
- **Course length:** 2 weeks
- **Weekly tuition:** 20 group
- **Accommodation:** Host Family Single Room and/or Share Self-catering apartment Single room
- **Board Basis:** Half Board or self-catering
- **Leisure:** 2 week social activity package
- **Airport transfer:** 2 ways



CULTURAL PROGRAMME



Embark on a rich cultural programme which will take you across millennia. The programme includes visits to the following places, accompanied by a licenced tour-guide:

- Rabat & Mdina
- Harbour Cruise
- Valletta + Malta Experience
- South Tour
- Blue Grotto
- Ta Qali + San Anton
- 3 Cities
- North Tour
- Brew House Tour
- Flavours of Malta
- Gozo
- St John's Cathedral



NB: When public holidays fall on weekdays, the school will be closed. Missed sessions due to these holidays will be compensated with a full day of activities.

A WHOLE WORLD TO EXPLORE



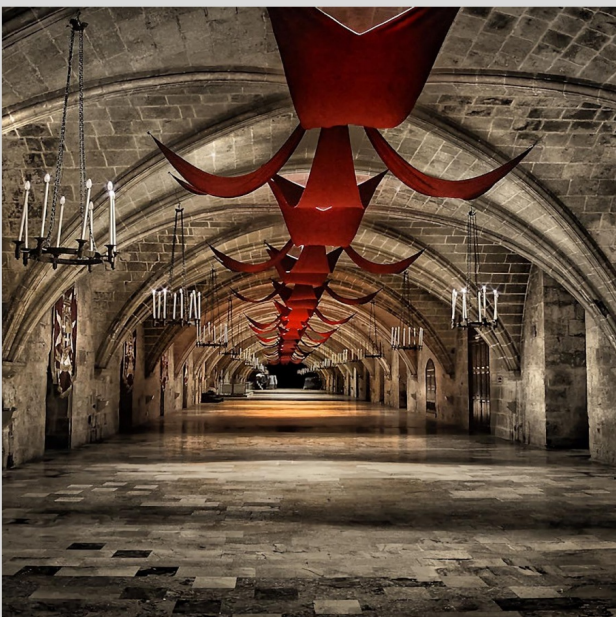
This guided tour will bring you to Rabat and Mdina. Mdina is Malta's ancient capital. It rests in a very majestic way, on top of a hilltop right at the centre of the island. It is also called 'The Silent City' because of its literally quiet and narrow streets that give off a quaint atmosphere. Mdina is not only considered to be one of Malta's precious jewels, but this ancient walled city is one of the best medieval fortifications. You will see magnificent views of the entire Maltese landscape.

MDINA & RABAT

An interesting and relaxing cruise through the natural harbours visiting the creeks located on both sides of the capital city of Valletta. A detailed commentary will unfold the history of Valletta and the Three Cities connected with the Great Sieges of 1565 as well as other places of interest including the historical forts, battlements and creeks which can be admired from the sea.



HARBOUR CRUISE



The Malta Experience is an audiovisual show that tells the dramatic story of the islands' 7000 year history. Educational, informative and entertaining, the show runs through the turbulent history of a small island nation until nowadays. After that you will be led through a Valletta walking tour with a licensed guide through the majestic buildings of UNESCO-listed capital city to admire the impressive streets whilst hearing tales of Plunder and Theft, Torture, Greed, Pleasures of the Flesh and Clever Elaborate Schemes and Plots.

VALLETTA & MALTA EXPERIENCE



Enjoy Malta's southern Area with our bus tour. You will visit all of the southern famous landmarks and enjoy some Maltese nice places such as Marsaxlokk Fishing Village and a pleasant walk through the two adjacent villages of Gudja and Ghaxaq.

SOUTH TOUR

Located in the southeast part of Malta, the Blue Grotto is a complex of seven caves found along the coast of the island. The place gets its name because of its amazing clear, bright blue waters. The tours are performed by boatmen in a traditional Maltese fishing boat.

BLUE GROTTO



Ta'Qali, located nearby was once a British WWII outpost, but has been converted to a village for local handicrafts. You will be able to watch local artisans at work blowing elaborate glass art pieces, intricately assembling original silver filigree jewellery, carving the local limestone and many more. This is the perfect place to pick up treasures that will remind you of your Malta visit.

TA' QALI & SAN ANTON

Guided tour of Three Cities. Birgu (Vittoriosa), Senglea (Isla) and Bormla (Cospicua) founded by the Knights of the Order of Saint John in the 16th and 17th centuries. This tour offers an intriguing insight into Malta and its history. Their harbour inlets have also been in use since Phoenician times. As the first home to the Knights of St. John, the Three Cities' palaces, churches, forts and bastions are far older than Valletta's.

3 CITIES TOUR



Bus guided tour across the northern part of Malta whilst seeing the beautiful surroundings. Places you will visit: Mosta Church, Ghajn Tuffieha, Golday bay, Bugibba, Qawra and St Pauls Bay. Mosta Church it was built in the 18th Century and inspired by Rome's Pantheon, it's known throughout the country for an event happened in 1942 when during World War II, a dropped bomb failed to explode, thus sparing the lives of some 300 people. This church has the third largest dome in Europe.

SOUTH TOUR

Discover the art of brewing with our Farsons Brewhouse tour! Join us for an exclusive behind-the-scenes look at one of Malta's most iconic breweries. Learn about the brewing process from grain to glass and hear fascinating stories about the history and heritage of Farsons. The tour includes a guided walk through the brewhouse, a chance to see the state-of-the-art equipment, and, of course, a tasting session of some of Farsons' finest beers!

BREWHOUSE TOUR



NEW TASTES NEW CULTURES



A pleasant afternoon and a farewell party in a nice typically Maltese restaurant to discover the culture and cuisine of this unique Mediterranean island while mingle with the other students and relaxing.

FLAVOURS OF MALTA

Guided bus tour around the Gozitan island where you will have the chance to stop and visit the magnificent places and sights. This tour includes: Dwejra (where the Azzure window used to be), Ta' Pinu, Xlendi, Rabat and Citadel and Calypso.

GOZO TOUR



Guided tour of St. John's Co-Cathedral, Valletta. Built by the Knights of the Order of Saint John in the 16th century, the cathedral's austere exterior hides one of Europe's grandest Baroque interiors. This tour reveals the dazzling gilded vaults painted by Mattia Preti, the ornate chapels of the Order's Langues, the stunning marble tomb-slab floor beneath your feet, and Caravaggio's The Beheading of Saint John the Baptist in the oratory.

ST. JOHN'S CATHEDRAL

AND MEMORIES FOR A LIFETIME

GOLDEN AGE PROGRAMME

WEEK 1

DAY 1: MONDAY

MORNING	AFTERNOON	EVENING
Lessons	Mdina & Rabat Tour Meeting Point: Independence Monument @ 14:15	Leisure time

DAY 2: TUESDAY

MORNING	AFTERNOON	EVENING
Lessons	Valletta Tour Meeting Point: Independence Monument @ 14:00	Leisure time

DAY 3: WEDNESDAY

MORNING	AFTERNOON	EVENING
Lessons	Harbour Cruise Meeting Point: Independence Monument @ 14:15	Leisure time

DAY 4: THURSDAY

MORNING	AFTERNOON	EVENING
Lessons	The South Tour Meeting Point: Independence Monument @ 14:30	Leisure time

DAY 5: FRIDAY

MORNING	AFTERNOON	EVENING
Lessons	Blue Grotto Meeting Point: Independence Monument @ 14:30	Leisure time

DAY 6: SATURDAY

MORNING	AFTERNOON	EVENING
Lessons	Gozo Tour Meeting Point: Independence Monument @ 07:45	Leisure time

NB: This programme is subject to change should any unforeseen circumstances arise. * The Blue Grotto will only take place weather permitting. Flavours of Malta' is a full lunch consisting of appetisers, a typical Maltese ftira, dessert (Maltese date pastries known as 'imqaret') and coffee as it is sipped by the locals. Local red and white wine as well as water will be served. Please inform the Leisure Manager at least two days before if you are gluten intolerant or a vegetarian. All excursions except the Gozo excursion will start from the school. Please wait for the guide outside the school. The guide's name is written in red.

DAY 7: MONDAY

MORNING	AFTERNOON	EVENING
Lessons	Ta 'Qali Craft Village & San Anton Meeting Point: Independence Monument @ 14:30	Leisure time

DAY 8: TUESDAY

MORNING	AFTERNOON	EVENING
Lessons	3 Cities Meeting Point: Independence Monument @ 16:15	Leisure time

DAY 9: WEDNESDAY

MORNING	AFTERNOON	EVENING
Lessons	The North Tour Meeting Point: Independence Monument @ 14:30	Leisure time

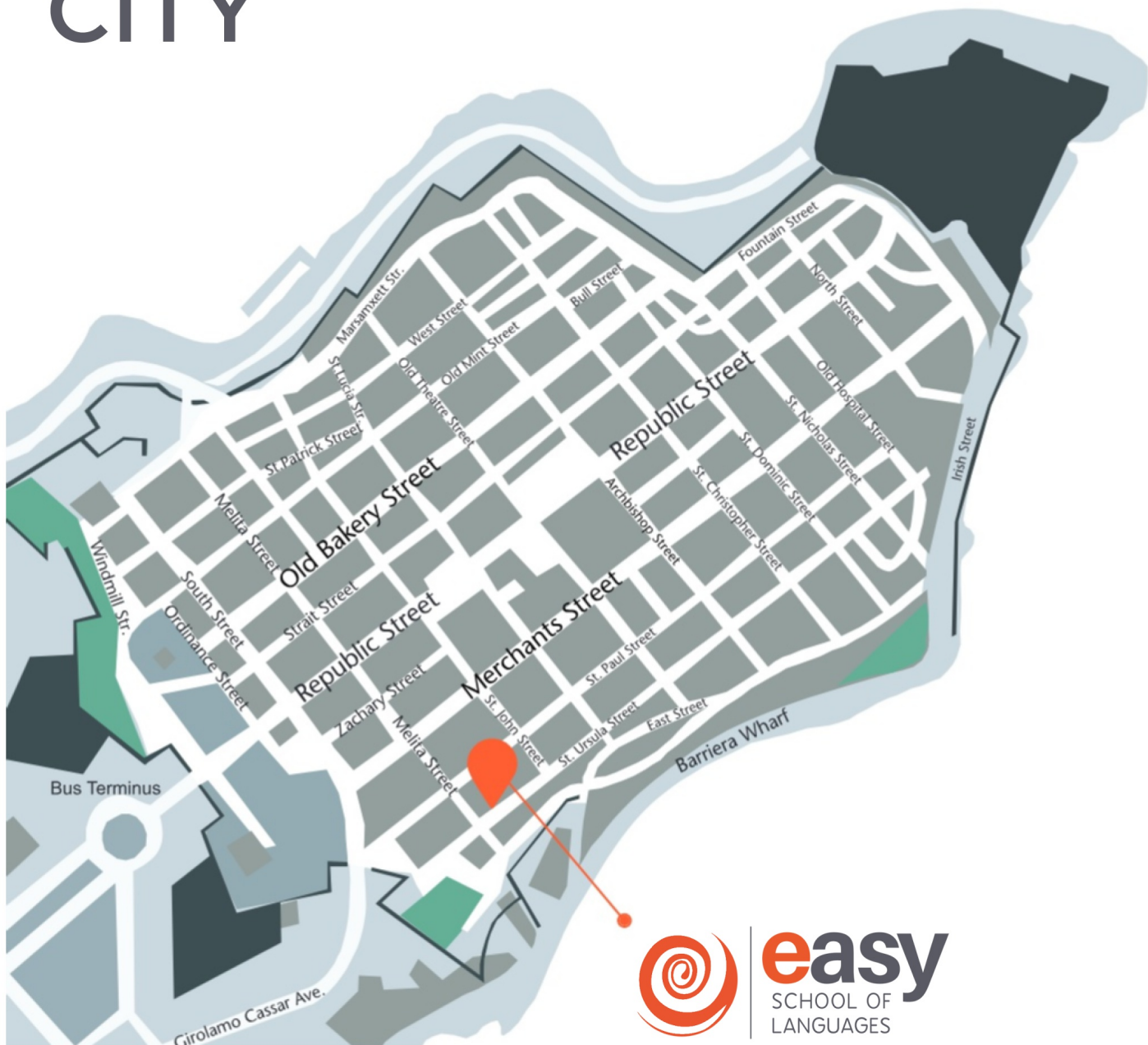
DAY 10: THURSDAY

MORNING	AFTERNOON	EVENING
Lessons	Farsons Brewhouse Tour Meeting Point: Independence Monument @ 15:40	Leisure time

DAY 11: FRIDAY

MORNING	AFTERNOON	EVENING
Lessons	Flavours of Malta Meeting Point: Independence Monument @ 14:30	Leisure time

VALLETTA CITY



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